

Thornhill Seniors Club Pre-Registered Programs - Summer 2022

LATE REGISTRATIONS WELCOME! Contact cpetrowtsc@gmail.com to join at any point during the sessions. *In-person registration by cash only.*

Zumba Gold with Bette - Mondays 11:15am-12:15pm July 4, 11, 18 & 25, August 8, 15, 22, 29 (8 weeks) \$40 (No Class August 1st)

Zumba Gold with Bette - Thursdays 11:15am-12:15pm July 7, 14, 21 & 28, August 4, 11, 18, 25, September 1 (9 weeks) \$45

Watercolour (All Levels) with Bonnie S - Mondays 1:00pm-3:00pm July 4, 11, 18 & 25, August 8, 15, 29 (7 weeks) \$105 (No Class August 1st or 22nd)

Yoga with Verne - Tuesdays 9:45am-10:45am July 5, 12, 19 & 26, August 2, 9, 16, 23, 30 (9 weeks) \$45

Yoga with Verne - Fridays 11:15am-12:15pm July 8, 15, 22 & 29, August 5, 12, 19, 26, September 2 (9 weeks) \$45

Chair Yoga with Verne - Tuesdays 11:15am-12:15pm July 5, 12, 19 & 26, August 2, 9, 16, 23, 30 (9 weeks) \$45

Line Dance with Isabella (Low-Intermediate) - Tuesdays 1:00pm-2:30pm July 5, 12, 19 & 26, August 2, 9, 16, 23, 30 (9 weeks) \$70

Osteofit with Lorne - Thursdays 9:45am-10:45am July 14, 21 & 28, August 4, 11, 18, 25, September 1 (8 weeks) \$40

Tai Chi (All Levels) with Stanley - Thursdays 11:00am-12:00am **Seniors Rooms 1&2**

July 7, 14, 21 & 28, August 4, 11, 18, 25, September 1 (9 weeks) \$45