

# Thornhill Seniors Club – Summer 2022 Activity Schedule

July 4 - Sept 2

Updated July 10 Schedule subject to change

Visit our website at [tsclub.ca](http://tsclub.ca) for information on pre-registered programs

|     | Monday                             | From – To         | Room                | Fee                        |
|-----|------------------------------------|-------------------|---------------------|----------------------------|
|     | Table Tennis                       | 7:15am – 9:15am   | S. Hall             | 1 Card Punch or \$3        |
|     | Wellness Exercise                  | 9:45am – 11:00am  | S. Hall & C. Hall   | Pre-registered. No drop-in |
|     | Zumba Gold                         | 11:15am – 12:15pm | S. Hall & C. Hall   | Pre-registered. No drop-in |
| NEW | Badminton - All Levels (3 Courts)  | 11:30am – 1:00pm  | TCC Gym             | 1 Card Punch or \$3        |
| NEW | Pickleball - All Levels (6 Courts) | 11:30am – 1:00pm  | THORNLEA School Gym | 1 Card Punch or \$3        |
|     | Darts                              | 10:00am – 12:00pm | Seniors Room 1 & 2  | 1 Card Punch or \$3        |
|     | Duplicate Bridge                   | 1:00pm – 4:00pm   | Seniors Room 1 & 2  | \$5                        |
|     | Watercolour                        | 1:00pm – 3:00pm   | S. Hall             | Pre-registered. No drop-in |
| NEW | Table Tennis                       | 4:30pm – 6:30pm   | S. Hall             | 1 Card Punch or \$3        |
|     | Tai Chi Practice                   | 8:00pm – 10:00pm  | C. Hall             | \$2                        |

|     | Tuesday                            | From – To         | Room                | Fee                        |
|-----|------------------------------------|-------------------|---------------------|----------------------------|
|     | Table Tennis                       | 7:15am – 9:15am   | S. Hall             | 1 Card Punch or \$3        |
|     | Yoga                               | 9:45am – 10:45am  | S. Hall             | Pre-registered. No drop-in |
|     | Chair Yoga                         | 11:15am – 12:15pm | S. Hall             | Pre-registered. No drop-in |
| NEW | Pickleball - All Levels (6 Courts) | 11:30am – 1:00pm  | THORNLEA School Gym | 1 Card Punch or \$3        |
| NEW | Badminton - All Levels (3 Courts)  | 11:30am – 1:00pm  | TCC Gym             | 1 Card Punch or \$3        |
|     | Line Dance - Low Intermediate      | 1:00pm – 2:30pm   | S. Hall             | Pre-registered. No drop-in |
| NEW | Table Tennis                       | 3:00pm – 5:00pm   | S. Hall             | 1 Card Punch or \$3        |
|     | Euchre                             | 1:00pm – 2:30pm   | Seniors Room 1      | 1 Card Punch or \$3        |
|     | Mah Jong - All Styles              | 1:00pm – 4:00pm   | Seniors Room 2 & 3  | 1 Card Punch or \$3        |

|     | Wednesday                          | From – To         | Room                | Fee                        |
|-----|------------------------------------|-------------------|---------------------|----------------------------|
|     | Table Tennis                       | 7:15am – 9:15am   | S. Hall             | 1 Card Punch or \$3        |
|     | Carpet Bowling                     | 10:00am – 12:00pm | S. Hall             | 1 Card Punch or \$3        |
|     | Wellness Exercise                  | 9:45am – 11:00am  | C. Hall             | Pre-registered. No drop-in |
| NEW | Badminton - All Levels (3 Courts)  | 11:30am – 1:00pm  | TCC Gym             | 1 Card Punch or \$3        |
| NEW | Pickleball - All Levels (6 Courts) | 11:30am – 1:00pm  | THORNLEA School Gym | 1 Card Punch or \$3        |
|     | Bid Euchre                         | 1:00pm – 3:30pm   | Seniors Room 1 & 2  | 1 Card Punch or \$3        |
|     | Contract Bridge                    | 1:00pm – 3:30pm   | S. Hall             | 1 Card Punch or \$3        |

|     | Thursday                           | From – To         | Room                | Fee                        |
|-----|------------------------------------|-------------------|---------------------|----------------------------|
|     | Table Tennis                       | 7:15am – 9:15am   | S. Hall             | 1 Card Punch or \$3        |
|     | Osteofit                           | 9:45am – 10:45am  | S. Hall & C. Hall   | Pre-registered. No drop-in |
|     | Tai Chi                            | 11:00am – 12:00pm | Fitness Studio      | Pre-registered. No drop-in |
|     | Zumba Gold                         | 11:15am – 12:15pm | S. Hall & C. Hall   | Pre-registered. No drop-in |
| NEW | Pickleball - All Levels (6 Courts) | 11:30am – 1:00pm  | THORNLEA School Gym | 1 Card Punch or \$3        |
| NEW | Badminton - All Levels (3 Courts)  | 11:30am – 1:00pm  | TCC Gym             | 1 Card Punch or \$3        |
|     | Euchre                             | 1:00pm – 3:30pm   | S. Hall             | 1 Card Punch or \$3        |
| NEW | Table Tennis                       | 4:30pm – 6:30pm   | S. Hall             | 1 Card Punch or \$3        |

|     | Friday                             | From – To         | Room                    | Fee                        |
|-----|------------------------------------|-------------------|-------------------------|----------------------------|
|     | Table Tennis                       | 7:15am – 9:15am   | S. Hall                 | 1 Card Punch or \$3        |
|     | Tai Chi Practice                   | 9:00am – 10:30am  | Upper Arena Lounge      | \$2                        |
|     | Wellness Exercise                  | 9:45am – 11:00am  | S. Hall & C. Hall       | Pre-registered. No drop-in |
|     | Craft Group                        | 10:00am – 12:30pm | Seniors Room 3          | No Fee                     |
|     | Yoga                               | 11:15am – 12:15pm | S. Hall                 | Pre-registered. No drop-in |
| NEW | Badminton - All Levels (3 Courts)  | 11:30am – 1:00pm  | TCC Gym                 | 1 Card Punch or \$3        |
| NEW | Pickleball - All Levels (6 Courts) | 11:30am – 1:00pm  | THORNLEA School Gym     | 1 Card Punch or \$3        |
|     | Intermediate Bridge                | 1:00pm – 3:30pm   | Seniors Room 1 & 2      | 1 Card Punch or \$3        |
|     | Canasta                            | 1:00pm – 3:30pm   | Fireside or Upper Arena | 1 Card Punch or \$3        |
|     | BINGO                              | 1:00pm – 3:30pm   | S. Hall                 | \$2 + Bingo cards 25¢ each |

|  | Saturday                  | From – To         | Room                | Fee                 |
|--|---------------------------|-------------------|---------------------|---------------------|
|  | Pickleball - Intermediate | 8:00am – 9:30am   | TCC Gym             | 1 Card Punch or \$3 |
|  | Pickleball - Beginner     | 9:45am – 11:00am  | TCC Gym             | 1 Card Punch or \$3 |
|  | Pickleball - Advanced     | 11:15am – 12:45pm | TCC Gym             | 1 Card Punch or \$3 |
|  | Sunday                    | From – To         | Room                | Fee                 |
|  | Ballroom Dance Practice   | 7:00pm – 9:00pm   | South & Centre Hall | 1 Card Punch or \$3 |

TSC Snooker Room is open Monday to Friday 9am to 4pm Fee \$2 for the day

\*To reserve your spot for Summer Badminton & Pickleball email [bbailey@markham.ca](mailto:bbailey@markham.ca)

Thornhill Seniors Club – 7755 Bayview Avenue (at John Street), Thornhill, ON L3T 4P1