

Thornhill Seniors Club

Pre-Registered Programs - Fall 2022

TSC is pleased to offer our Pre-Registered Fall Program line-up. **Be sure to mark registration dates/times below on your calendars.**

Register in-person with exact cash (only) outside of the Thornhill Community Centre halls. *No drop-ins, no partial sessions, no refunds for missed classes.* Contact cpetrowtsc@gmail.com if you require further information.

NOTE: *No programs Monday, October 10 (Thanksgiving)*

No Hall Programs October 19 - 25 Due to Municipal Elections

Zumba Gold with Bette - Mondays 11:15am-12:15pm – SOUTH & CENTRE HALL

September 12, 19 October 3, 17, 31 November 7, 14, 21, 28 December 5 & 12
(11 weeks) \$55 (No Class September 26, October 10 & 24)

Registration: August 29th 12:15pm

Zumba Gold with Bette - Thursdays 11:30am-12:30pm – SOUTH & CENTRE HALL

September 15, 22, 29 October 6, 13, 27 November 3, 10, 17, 24 December 1, 8 & 15
(13 weeks) \$65 (No Class October 20)

Registration: September 1st 12:15pm

Watercolour (All Levels) with Bonnie S - Mondays 1:00pm-3:00pm -- CENTRE HALL

September 12, 19 October 17, 31 November 7, 14, 21, 28 December 5 & 12
(10 weeks) \$150 (No Class September 26, October 3, 10 & 24)

Registration: August 29th 12:45pm

Yoga with Verne - Tuesdays 9:30am-10:45am -- SOUTH HALL

September 13, 20, 27 October 4, 11, 18 November 1, 8, 15, 22, 29 December 6 & 13
(13 weeks) \$80 (No Class October 25)

Registration: August 23rd 10:45am

Yoga with Verne - Fridays 10:45am-12:00pm -- SOUTH HALL

September 16, 23, 30 October 7, 14, 28 November 4, 11, 18, 25, December 2, 9 & 16
(13 weeks) \$80 (No Class October 21)

Registration: September 2nd 12:15pm

Chair Yoga with Verne - Tuesdays 11:15am-12:15pm -- SOUTH HALL

September 13, 20, 27 October 4, 11, 18 November 1, 8, 15, 22, 29 December 6 & 13
(13 weeks) \$65 (No Class October 25)

Registration: August 23rd 12:15pm

Line Dance with Isabella (Low-Intermediate) - Tuesdays 1:00pm-2:30pm

September 13, 20, 27 October 4, 11, 18 November 1, 8, 15, 22, 29 December 6 & 13
(13 weeks) \$100 (No Class October 25) **SOUTH & CENTRE HALL**

Registration: August 23rd 2:30pm

Osteofit with Lorne - Thursdays 9:45am-10:45am SOUTH & CENTRE HALL

September 15, 22, 29 October 6, 13, 27 November 3, 10, 17, 24 December 1, 8 & 15
(13 weeks) \$65 (No Class October 20)

Registration: September 1st 10:45am

Tai Chi (All Levels) with Stanley - Thursdays 11:00am-12:00am Upper Arena Lounge

September 15, 22, 29 October 6, 13, 20, 27 November 3, 10, 17, 24 December 1, 8 & 15
(14 weeks) \$70

Registration: September 1st 12:00pm