

## Thornhill Seniors Club - Fall 2022 Activity Schedule

All listed Programs are for TSC Members only

Sep 6 - Dec 16

Updated September 16th

No Programs on Thanksgiving (October 10)

Schedule subject to change

NEW

Monday	From – To	Room	Fee
Table Tennis	8:00am – 11:00am	North Hall	1 Card Punch or \$3
Badminton- All Levels	9:30am – 11:00am	TCC Gym	1 Card Punch or \$3
Wellness Exercise	9:45am – 11:00am	South & Centre Hall	Pre-registered –No drop-in
Drop-in Games	10:00am – 12:00pm	Seniors Room 1 & 2	1 Card Punch or \$3
Zumba Gold	11:15am – 12:15pm	South & Centre Hall	Pre-registered –No drop-in
Darts	12:30pm – 2:30pm	Seniors Room 1 & 2	1 Card Punch or \$3
Duplicate Bridge	1:00pm – 4:00pm	South Hall	\$5
Watercolour (Fall Session Full)	1:00pm – 3:00pm	Centre Hall	Pre-registered –No drop-in
Table Tennis	4:00pm – 6:00pm	Centre Hall	1 Card Punch or \$3
Tai Chi Practice	8:00pm – 10:00pm	South Hall	\$2

NEW

Tuesday	From – To	Room	Fee
Table Tennis	8:00am – 11:00am	North Hall	1 Card Punch or \$3
Yoga (Fall Session Full)	9:30am – 10:45am	South Hall	Pre-registered –No drop-in
Chair Yoga	11:15am – 12:15pm	South Hall	Pre-registered –No drop-in
Pickleball– Advanced	1:00pm – 2:30pm	TCC Gym	1 Card Punch or \$3
Pickleball– Intermediate	2:45pm – 4:15pm	TCC Gym	1 Card Punch or \$3
Line Dance - Low Intermediate	1:00pm – 2:30pm	South & Centre Hall	Pre-registered. No drop-in
Euchre	1:00pm – 3:30pm	Seniors Room 1	1 Card Punch or \$3
Mah Jong - All Styles	1:00pm – 4:00pm	Seniors Room 2 & 3	1 Card Punch or \$3
Table Tennis	3:00pm – 5:00pm	North Hall	1 Card Punch or \$3

NEW

Wednesday	From – To	Room	Fee
Table Tennis	8:00am – 11:00am	North Hall	1 Card Punch or \$3
Badminton- All Levels	9:00am – 10:30am	TCC Gym	1 Card Punch or \$3
Carpet Bowling	10:00am – 12:00pm	South Hall	1 Card Punch or \$3
Wellness Exercise	9:45am – 11:00am	Centre Hall	Pre-registered –No drop-in
Pickleball– Beginner	10:45am – 12:15pm	TCC Gym	1 Card Punch or \$3
Pickleball– Intermediate	12:30pm – 2:00pm	TCC Gym	1 Card Punch or \$3
Pickleball– Advanced	2:00pm – 3:30pm	TCC Gym	1 Card Punch or \$3
Duplicate Bridge	1:00pm – 4:00pm	South Hall	\$5
Bid Euchre	1:00pm – 3:30pm	Seniors Room 1 & 2	1 Card Punch or \$3
Contract Bridge	1:00pm – 3:30pm	Centre Hall	1 Card Punch or \$3

Thursday	From – To	Room	Fee
Table Tennis	8:00am – 11:00am	North Hall	1 Card Punch or \$3
Bridge Practice	9:30am – 11:30am	Seniors Room 1 & 2	1 Card Punch or \$3
Osteofit	9:45am – 10:45am	South & Centre Hall	Pre-registered. No drop-in
Pickleball– Beginner	9:30am – 11:00am	TCC Gym	1 Card Punch or \$3
Pickleball– Intermediate	11:00am – 12:30pm	TCC Gym	1 Card Punch or \$3
Tai Chi (All Levels)	11:00am – 12:00pm	Upper Arena Lounge	Pre-registered. No drop-in
Zumba Gold	11:30am – 12:30pm	South & Centre Hall	Pre-registered –No drop-in
Badminton- All Levels	1:00pm – 3:00pm	TCC Gym	1 Card Punch or \$3
Euchre	1:00pm – 3:30pm	South Hall	1 Card Punch or \$3

Friday	From – To	Room	Fee
Table Tennis	8:00am – 11:00am	North Hall	1 Card Punch or \$3
Tai Chi Practice	9:00am – 10:30am	South Hall	\$2
Pickleball– Intermediate	9:00am – 10:30am	TCC Gym	1 Card Punch or \$3
Wellness Exercise	9:45am – 11:00am	Centre Hall	Pre-registered –No drop-in
Craft Group	10:00am – 12:30pm	Seniors Room 3	No Fee
Yoga	10:45am – 12:00pm	South Hall	Pre-registered –No drop-in
Badminton- All Levels	10:45am – 12:15pm	TCC Gym	1 Card Punch or \$3
Intermediate Bridge	1:00pm – 3:30pm	Centre Hall	1 Card Punch or \$3
Canasta	1:00pm – 3:30pm	Seniors Room 1 & 2	1 Card Punch or \$3
Bingo	1:00pm – 3:30pm	South Hall	\$2 + Bingo cards 25¢ each

Sunday	From – To	Room	Fee
Ballroom Dance Practice (Starts Sept. 11)	7:00pm – 9:30pm	South & Centre Hall	2 Card Punches or \$5

TSC Snooker Room is open Monday to Friday 9am to 4pm - \$2 for the Day

Visit our website at [tsclub.ca](http://tsclub.ca) for information on pre-registered programs

Punch Cards \$20 for 10 punches. Proof of Membership required for purchase.

Thornhill Seniors Club – 7755 Bayview Avenue (at John Street), Thornhill, ON L3T 4P1