

Thornhill Seniors Club - Winter 2023 Activity Schedule

All listed Programs are for TSC Members only

Jan 9 - Mar 31 Schedule subject to change

Updated January 16, 2023

Monday	From – To	Room	Fee
Table Tennis	8:00am – 11:00am	North Hall	1 Card Punch or \$3
Badminton- All Levels	9:30am – 11:00am	TCC Gym	1 Card Punch or \$3
Wellness Exercise	9:45am – 11:00am	South & Centre Hall	Pre-registered –No drop-in
Mixed Media Art Lessons (Starts Jan. 9)	10:00am – 11:30am	Seniors Room 1 & 2	Pre-registered –No drop-in
Zumba Gold (Starts Jan. 9)	11:15am – 12:15pm	South & Centre Hall	Pre-registered –No drop-in
Darts	12:30pm – 2:00pm	Seniors Room 1 & 2	1 Card Punch or \$3
Watercolour (Starts Jan. 9)	1:00pm – 3:00pm	Centre Hall	Course is Full
Euchre	1:00pm – 3:30pm	Seniors Room 3	1 Card Punch or \$3
Duplicate Bridge	1:00pm – 4:00pm	South Hall	\$5
Table Tennis *	4:00pm – 6:00pm	Centre Hall	1 Card Punch or \$3
Tai Chi Practice	8:00pm – 10:00pm	South Hall	\$2

Tuesday	From – To	Room	Fee
Table Tennis	8:00am – 11:00am	North Hall	1 Card Punch or \$3
Yoga (Starts Jan. 10)	9:30am – 10:45am	South Hall	Pre-registered –No drop-in
Mah Jong - Chinese Style	10:00am – 3:45pm	Seniors Room 3	2 Card Punch or \$6
Chair Yoga/Absolute Beginner(Starts Jan. 10)	11:15am – 12:15pm	South Hall	Pre-registered –No drop-in
Mah Jong - American Style	1:00pm – 4:00pm	Seniors Room 1 & 2	1 Card Punch or \$3
Line Dance-Low Intermediate(Starts Jan. 17)	1:00pm – 2:30pm	South & Centre Hall	Pre-registered. No drop-in
Pickleball- Advanced (24 spots)	1:00pm – 2:30pm	TCC Gym	1 Card Punch
Pickleball- Intermediate (24 spots)	2:45pm – 4:15pm	TCC Gym	1 Card Punch
Table Tennis *	3:00pm – 5:00pm	North Hall	1 Card Punch or \$3

Wednesday	From – To	Room	Fee
Table Tennis	8:00am – 11:00am	North Hall	1 Card Punch or \$3
Badminton- All Levels	9:00am – 10:30am	TCC Gym	1 Card Punch or \$3
Wellness Exercise	9:45am – 11:00am	Centre Hall	Pre-registered –No drop-in
Carpet Bowling	10:00am – 12:00pm	South Hall	1 Card Punch or \$3
Pickleball- Beginner (24 spots)	10:45am – 12:15pm	TCC Gym	1 Card Punch
Pickleball- Intermediate (24 spots)	12:15pm – 1:45pm	TCC Gym	1 Card Punch
Duplicate Bridge	1:00pm – 4:00pm	South Hall	\$5
Bid Euchre	1:00pm – 3:30pm	Seniors Room 1 & 2	1 Card Punch or \$3
Contract Bridge	1:00pm – 3:30pm	Centre Hall	1 Card Punch or \$3

Thursday	From – To	Room	Fee
Table Tennis	8:00am – 11:00am	North Hall	1 Card Punch or \$3
Bridge Practice	9:30am – 11:30am	Seniors Room 1 & 2	1 Card Punch or \$3
Pickleball- Beginner (24 spots)	9:30am – 11:00am	TCC Gym	1 Card Punch
Osteofit (Starts Jan. 12)	9:45am – 10:45am	South & Centre Hall	Pre-registered. No drop-in
Pickleball- Intermediate (24 spots)	11:00am – 12:30pm	TCC Gym	1 Card Punch
Tai Chi (All Levels) (Starts Jan. 12)	11:00am – 12:00pm	Upper Arena Lounge	Pre-registered. No drop-in
Zumba Gold (Starts Jan. 12)	11:30am – 12:30pm	South & Centre Hall	Pre-registered. No drop-in
Badminton- All Levels	1:00pm – 3:00pm	TCC Gym	1 Card Punch or \$3
Euchre	1:00pm – 3:30pm	Centre Hall	1 Card Punch or \$3

Friday	From – To	Room	Fee
Table Tennis	8:00am – 11:00am	North Hall	1 Card Punch or \$3
Tai Chi Practice	9:00am – 10:30am	South Hall	\$2
Pickleball- Intermediate (24 Spots)	9:00am – 10:30am	TCC Gym	1 Card Punch
Wellness Exercise	9:45am – 11:00am	Centre Hall	Pre-registered –No drop-in
Craft Group	10:00am - 12:30pm	Seniors Room 3	No Fee
Yoga (Starts Jan. 13)	10:45am – 12:00pm	South Hall	Pre-registered –No drop-in
Badminton- All Levels	10:45am – 12:15pm	TCC Gym	1 Card Punch or \$3
Intermediate Bridge	1:00pm – 3:30pm	Centre Hall	1 Card Punch or \$3
Canasta	1:00pm – 3:30pm	Seniors Room 1 & 2	1 Card Punch or \$3
Bingo	1:00pm – 3:30pm	South Hall	\$2 + Bingo cards 25¢ each

Sunday	From – To	Room	Fee
Ballroom Dance Practice	7:00pm – 9:30pm	South & Centre Hall	2 Card Punches or \$5

*TSC Pickleball listed above is restricted to those who are registered on the Pickleball Master lists.

For additional information visit tsclub.ca or e-mail inquiries to tspickleball@gmail.com

TSC Snooker Room is open Monday to Friday 9am to 4pm - \$2 for the Day

Visit our website at tsclub.ca for information on pre-registered programs

Punch Cards \$20 for 10 punches. Proof of Membership required for purchase.

Thornhill Seniors Club – 7755 Bayview Avenue (at John Street), Thornhill, ON L3T 4P1